

Team Entries - Please Note

Runners enter individually on the form below (photocopies acceptable).

Athletics Clubs must be bona-fide affiliated athletics clubs.

Fun Teams can be representing your local pub, club, business, sports association or just your family and/or friends.

In both cases, teams may enter any number of runners - first three home to count.

Trophies

1st Male and Female, 1st Athletics Club and 1st Fun Team
will receive a cup to be held for 12 months.

1st three Male and Female, 1st Male and Female over 40, over 50 and over 60
and 1st Male and Female under 18 will receive trophies to hold in perpetuity.

Please complete the form below and sign, and send with a **LARGE SAE** and **entry fee** to:
Prestwood 10K
33 Gryms Dyke, Prestwood, Bucks HP16 0LP

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| Prestwood 10K Entry Form (Block Capitals Please) | | |
| Surname: | First Name: | |
| Address: | | |
| Post Code: | Tel.No. | |
| Email: | | |
| Sex: (M/F) | Date of Birth: | Age on 15/5/10: |
| Affiliated Club: | | |
| Fun Team: | | |
| Fee enclosed £10.00 (cheques payable to 'Prestwood 10K') £8.00 for Affiliated Members (ARC Permit No.09/92) Please remember to enclose a large SAE | | |
| I hereby declare that, to the best of my knowledge, I am fit to take part in the event stated on this entry form and agree that the organisers are not responsible for any injury, (including fatal injury), loss, accident or damage sustained to either my person or property as a result of my participation in this event. | | |
| Signed: | Date: | |
| Parent or Guardian - if under 18 - please indicate by ticking box <input type="checkbox"/> and signing above. Please note: minimum age for the 10K is 15 years on 15th May 2010 | | |

Data Protection – If you do not wish any details to be passed on to a third party, tick this box